

Be Bright
Be Seen
Be A...

Street Star



NorthshoreSafetyCouncil.ca



NORTH SHORE SAFETY COUNCIL

Fostering a Safe + Active Community

Walking, scootering and riding your bike to school and around your neighbourhood is not only fun but it is also good for your fitness and your mind! And it is also good for the environment to travel using your own body motor!



If you are out on the streets you always want to make sure that motorists see you, especially in low light or at night.

Here's some tips to stay safe when travelling around your neighborhood



Wear bright clothing



Reflective devices are a good idea



Carry a light



Always cross the street at a crosswalk. If there is no crosswalk then make sure it is safe before you cross.

Unfortunately, sometimes motorists aren't paying proper attention and don't see kids out on the streets. So be smart especially when crossing a street. And tell your parents or guardians to stay off the phone while driving. Play the word games on the following pages to learn how to...



Be Bright & Be Seen!

Hidden Words

Find these words about crosswalks. Then use them to fill in the blanks. The words are horizontal and diagonal.

cross
drivers
eye
light
press
stopped
street
traffic
walk

D	Y	L	I	G	H	T	S
R	S	O	U	C	A	N	T
I	P	T	S	E	E	W	R
V	C	R	O	S	S	A	E
E	A	N	E	P	D	L	E
R	B	E	Y	S	P	K	T
S	S	E	E	E	S	E	N
T	R	A	F	F	I	C	D



1 Crosswalks help pedestrians _____ the _____ safely.

2 You may have to _____ the button to start the crosswalk _____.

3 Make _____ contact with _____ before you cross.

4 Make sure all _____ has _____, then _____ quickly to the other side.



Secret Code

Solve these math problems.
Then decode the secret messages.



Numbers	0	1	2	3	4	5	6	7	8	9	10	11	12
Stand For Letters	R	T	C	P	A	I	S	E	O	N	L	K	D

+ ADD

2	1	7	1	5	5	4	10	3	6	2
+4	+0	+1	+2	+5	+3	+4	-1	+1	+3	+10
<input type="text" value="6"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

8	2	3	0	5	1
+2	+3	+3	+1	+2	+8
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Do this before you cross the street.

S _____, _____ .

- SUBTRACT

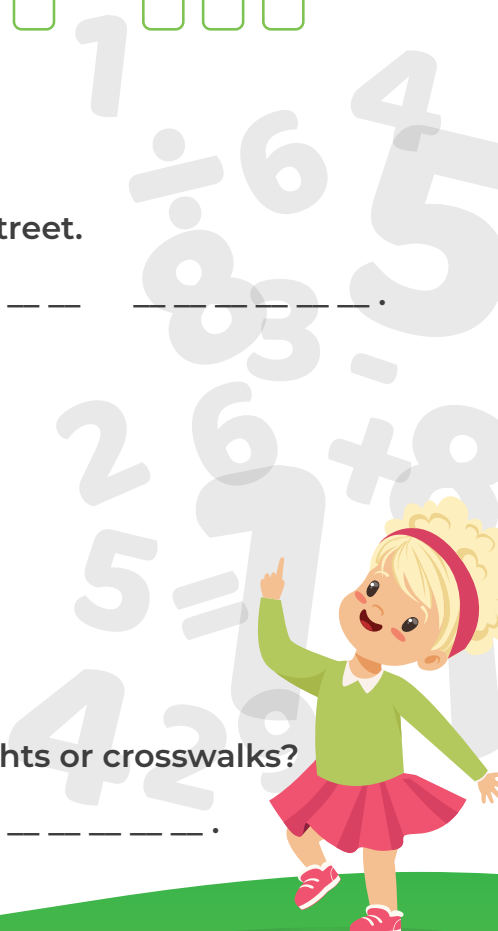
9	12	10	9	7	8	8
-7	-12	-2	-3	-1	-4	-7
<input type="text" value="2"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

7	9	9	12	10	14	11
-5	-1	-9	-3	-3	-14	-5
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

What if there are no traffic lights or crosswalks?

C _____, _____ .

8





Yay!
So much
FUN at night!

Quiz



You are going over to your friend's house to play and you know that you will be walking home when it is dark out. What can you do to prepare for your walk home? :

- A** Bring your earbuds so you can listen to music.
- B** Wear bright clothes and pack a light or reflector so vehicles can see you.
- C** Nothing...you know the way.

You are riding your bike along a street with a lot of parked cars. What can you do to keep yourself safe?

- A** Practice wheelies so you can show your friends
- B** Wear your helmet backwards.
- C** Be on the look out for car doors opening (you can actually scan the side mirrors to tell if someone is sitting in their car and may exit suddenly).

You are walking on a busy street and need to cross the street. You are tired and the closest crosswalk is a little further up the street. How can you cross?

- A** Just run across the street where you are and hope that the cars will stop.
- B** Do a dance on the side of the road where you are so that traffic will stop to watch and then you can cross.
- C** Walk the extra little distance to the crosswalk and cross safely when you are sure that the cars have stopped and have seen you.



Elmer

The Safety Elephant!



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